

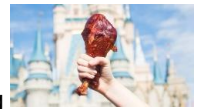
When you are on vacation, you want to eat well. Quick Service Meals do not require reservations and you can share plates and try several locations depending on what everyone is in the mood for. Below are just a few of our family favourites that you may want to consider trying while you are there. If you have the Disney Dining Plan, be sure to look for the Dining Plan symbol when ordering. Many locations offer mobile ordering through the Walt Disney World app as well.



Remember that all Quick Service Meals include an alcoholic or premium non alcoholic beverage when using the Dining Plan.

Magic Kingdom:

If you are looking for Breakfast, [Mainstreet Bakery](#) (Starbucks) or [Sleepy Hallow](#) are the places to go. Lunch and Dinner, I really like [Columbia Harbour House](#). They have a large selection of both land and sea entrees. We love the lobster roll, and chicken nuggets. There are also healthier options like grilled salmon with vegetable rice and a variety of salads. I also find that there is available seating on the second floor. [Cosmic Rays](#) is also a favourite with a wide variety of traditional American fare, this one is generally a big hit with the kids. If you like Tex Mex, [Pecos Bills](#) is the place to visit. [Pinocchio Village Haus](#) has some delicious Flatbreads. All these locations offer vegetarian and allergy free options. Looking for the famous Turkey Leg? Be sure to visit the Turkey Leg Cart in Frontierland. Last but not least, [Casey's Corner](#). If you are planning on waiting curb side for a parade or fireworks show, it is a great time to dine street side. Pop in to Casey's for a hotdog and fries. Lots of tasty options here.



Turkey Leg

Hollywood Studios:

Looking for breakfast? Stop by [Woody's Lunch Box](#) (long lines are to be expected here), or the [Trolley Car Café](#) (Starbucks). Woody's Lunch Box also has some great lunch options. For Lunch and Dinner [Backlot Express](#) is a good choice. They have Star Wars themed meals and I am a huge fan of their Galactic Salad with Chicken. [ABC Commissary](#) has different menus for lunch and dinner offering traditional American fare. They have a large eat in area and we can generally find seating easily. Both offer vegetarian and allergy free menus. Woody's Lunch Box is also quite popular. The new Docking Bay 7 Food and Cargo has some out of this world items on their menus. [Oga's Cantina](#) (reservation required) has some interesting drinks and a couple of light snack options on their menus (but no entrees).



Galactic Salad

Animal Kingdom:

If you are looking for breakfast, [Creature Comforts](#) (Starbucks) is a good place for something light. If you want something more substantial, [Yak and Yeti Local Food Cafe](#) has quite a few breakfast entrée options. Lunch and Dinner, I am a huge fan of Harambe Market. Lots of very interesting items to try with old familiars for the kids. My husband loves [Flame Tree BBQ](#) and you will certainly be enticed by the delicious smells from the grill. There is tons of outdoor seating just behind with lovely views. If you are looking for a healthier option, [Satu'li Canteen](#) has fantastic options. Love their "combination bowl". All these locations offer vegetarian and allergy free menus. Yak & Yeti Local Food Café has fantastic Asian inspired dishes and is extremely popular. If you have picky eaters in your family, [Restorantasaurus](#) and [Pizzafari](#) will have lots of familiar foods for them. They also have vegetarian and allergy free options.



Flame Tree BBQ Combo

EPCOT:

Where do I begin? So many amazing options here. If you are looking for breakfast, [Sunshine Seasons](#) is THE place to go. Lots of breakfast offerings here. Looking for something lighter, pop into [Connection's Café](#) (Starbucks) for breakfast. for Lunch and Dinner. A new option now available at World Celebration is the [Connections Eatery](#). You cannot go wrong in World Showcase. All types of cuisines are covered. We love [Katsura Grill](#) (sushi and noodles are outstanding) in Japan and the Orange Chicken at [Lotus Blossom Café](#) in China is outstanding. [Tangerine Café](#) in Morocco is a must for my family. We usually share a Combination Platter here. Vegetarian offerings as well. If you are looking for good Mexican fare, I mean really good Mexican food, you have to stop by [La Cantina de San Angel](#). Let's talk Fish and Chips. We love Fish & Chips at [Yorkshire County Fish Shop](#) and this has become a favourite spot for lunch. Always crispy, never greasy and seating around the side and back overlooking the lagoon. If you are looking for something less adventurous, Turkey legs at [Fife & Drum](#) are a good choice as well Liberty Inn. There you will find American Classics, like burgers, fried chicken and BBQ pork. They also offer vegetarian and allergy free menus. A healthier menu will lead you to [Sunshine Seasons](#) with lots of clean eating fresh items, salads, fruits and large and small plates. Last but not least, [Les Halles Boulangerie Patisserie](#). This one of our favourite spots for pastries. But they also have other items on their menu.



Yorkshire County Fish & Chips

Disney Springs:

If you are looking for breakfast, head to [Earl of Sandwich](#). Lunch and Dinner: Our favourite spots are [D-Luxe Burger](#) (for burgers), [Blaze Pizza](#) (for Pizzas) and Earl of sandwich (for healthy sandwiches). Love their tomato soup. Finally for desserts our picks are [Amorette's Patisserie](#), [Gideon's Bakehouse](#), [Everglazed Donuts & Cold Brew](#) and [Ghirardelli Soda Fountain and Chocolate Shop](#). Everything at these locations is sooooo good.



Build your own Pizza at Blaze Pizza

Resorts:

All Resorts have Quick Service (some will have more than one location) options on site. Kitchens are generally open from 7:00am until 11:00 pm. You may find grab and go items outside of these hours. Each Resort has different featured items that go with the theme of the resort. They will also offer more familiar traditional North American Fare. You are always welcome to dine at any resort even if you are not a registered guest, feel free to hop around.



Bounty Breakfast Platter

Don't be shy about asking to share a table with other guests. Over the years we have met many other families this way. Some we have continued to stay in touch with. It is nice to chat with someone new, share your experiences and learn something from them



Bon Appetite!